## Message from a former Student from Poland



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I have truly enjoyed the time I spent studying at Shimane University as an exchange student. The whole experience allowed me to grow academically, especially in the field of Japanese language and culture studies. This was made possible thanks to the invaluable support of both the university staff and my colleagues, who helped me successfully navigate the hurdles I encountered and progress toward my goals. Thanks to the open and accommodating atmosphere on campus, I truly felt welcome and part of the university's community. The classes and extracurricular activities conducted in international groups allowed me to gain new perspectives and develop greater cultural awareness. I also enjoyed living in Matsue, with its historical architecture, vibrant folklore, and proximity to beautiful natural surroundings. It is a perfect place to immerse oneself in the study of Japan while enjoying its charm and connecting with wonderful people along the way.