


~World Dishes Contest in SHIMADAI 2020~

Application Form

Nickname or Team Name		Recipe Wizards		
A dish using creativity Feel free to show your ideas with illustrations, photos, etc.				
Name of Dish : Quesdilla			Promoting points (Why did you choose the ingredients, story behind the dish, etc.) :	
			Quesdillas are a traditional food in Mexico. They are tortillas with cheese and stuffing inside. The stuffing is usually chicken or beef, and can include beans, onion, and other ingredients.  This time the recipe includes both seafood (shrimp) and pork, items not normally found in quesdillas. We believe these ingredients go well with cheese, the main ingredient of quesdillas, which is why we added them this time.	
※Feel free to show your ideas with illustrations, photos, etc.				
List of ingredients (for 2 people) ※Use ingredients with a reasonable price that you can buy in Japan	Ingredients	Amount	Ingredients	Amount
	Shredded Cheese	1/2 bag	Tortillas	4
	Shrimp	As desired	White Onion	One half
	Pork	As desired	Green Onion	As desired
	Canned Kidney Beans	1 can	Butter or Oil	One tablespoon
Recipe	① Cook shrimp and pork in a pan		⑦ Put another tortilla on top of the ingredients	
	② Cut up white and green onions		⑧ Wait for the cheese to melt a little	
	③ Drain kidney beans from can and rinse them		⑨ Flip the torilla	
	④ On low heat, put a little butter or oil in a pan		⑩ Wait until most or all of the cheese has melted	
	⑤ Heat up torilla in the pan		⑪ Remove torilla from pan and put on a plate	
	⑥ Add cheese, shrimp, pork, onions and beans		⑫ Cut into 4 slices and it's ready to eat!	
Participant(s)  Bold Row: Representative	Nationality	Faculty	Name	E-mail
	Mexico	Life and Sciences	Juan Perez	<a href="mailto:cooking@gmail.com">cooking@gmail.com</a>
	USA	Science and Engineering	John Smith	<a href="mailto:lovefood@gmail.com">lovefood@gmail.com</a>
	Japan	Science and Engineering	Taro Shimane	<a href="mailto:winner@gmail.com">winner@gmail.com</a>

※You can check the details on front of this flyer.

- ※We will show your nickname or team name, and nationality on our homepages, SNS, etc.  
when we release the information on your original dish.
- ※We will not use your ideas for any other purposes except for special events at Shimane University.